# MAKING A DIFFERENCE



K-State Research and Extension develops and delivers practical, research-based solutions to challenges faced by all Kansans, which includes the Grand Challenges:

- Global Food Systems
- Water and Natural Resources
- Health
- Community Vitality
- Developing Tomorrow's Leaders

Find more stories like this and more at : www.ksu.edu/solutions

K-State Research and Extension Central Kansas District 2218 Scanlan Ave Salina, KS 67401 (785) 309-5850 or (785) 392-2147 www.centralkansas.k-state.edu



## Grand Challenge(s): Health, Community Vitality & Developing Tomorrow's Leaders

Title: Extension Offers Babysitting Clinic Workshops

Why is this issue important? Babysitting clinics offered by Extension are important for community youth for two key reasons:

Safety and Skills: These clinics equip young people with essential knowledge and skills for safely caring for children, including child development, first aid, CPR, handling emergencies, and engaging in age-appropriate activities. This training boosts babysitters' confidence and preparedness, benefiting both them and the children they care for.

#### **Employment and Development:**

Babysitting clinics provide certification or program completion, helping teens find babysitting jobs and gain valuable work experience. This experience fosters responsibility, communication skills, and time management, important for future employment.

## How did Extension address this issue?

Expertise: Extension agents have backgrounds in child development, family and consumer sciences, and health, enabling them to develop comprehensive babysitting curriculums covering age-appropriate activities, safety procedures, and first aid.



**Affordability**: Extension's mission to provide public educational programs often results in lower-cost clinics, making them more accessible compared to private certification programs.

By leveraging our expertise, community connections, resources, and affordability, we were able to effectively offer babysitting clinics and empower young people to become safe and reliable caregivers.

### What was the impact?

Twenty-five youth from across the district attended the babysitting clinics offered this year. Participants gained knowledge in business practices, food safety, nutrition, first aid and CPR, child development, as well as infant care.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.